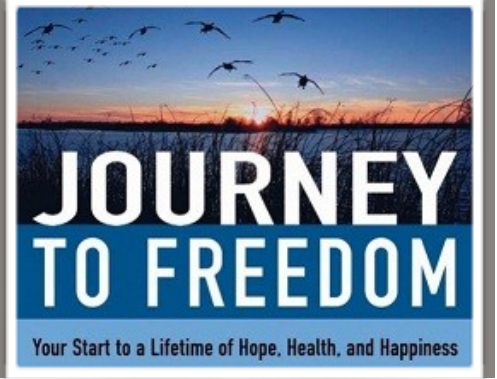


A Place to Belong...

An 8 week experience that will help you find purpose, vision and life change in a safe, caring small group



All groups are lead by two trained facilitators. Group Registration closes the 2nd week of group (April 11th). Space is limited, so be sure to sign up early! Registration available at <http://smarturl.it/TCWsmallGROUP>.

JOURNEY TO FREEDOM (COED)

Journey with others in a safe space for sharing and explore the trajectory of your life story, discovering how your past has shaped you, and how you can live more fully and freely, awakening to a renewed vitality of life and personal growth. This group is open to everyone...we are all on a continuing journey to seek a better, more fulfilled life. Come participate in a place of honesty, acceptance and compassion for who and where you are in your life right now.

When: Tuesdays, April 4th - May 23rd
Atmalogy Coffee House
2320 West End Ave, Nashville
The Inspire Meeting Room
5:30 – 7pm

Cost: \$25 for 8 weeks (includes book)

What You Will Experience:

- Your Life So Far
- The Life That You Want
- Finding Hope
- The Gift of Feelings
- Silencing the Inner Critic
- We Are Not Alone
- Relationships on the Journey
- Hitting Our Problems Head-On
- Discarding Old Baggage